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## Welcome to Burlington — and Vermont



GENE RICHARDS

Aéroport du recteur/  
directeur par de  
L'aéroport



MIRO  
WEINBERGER

Burlington  
magistrature de  
Burlington

We're delighted to have you BTV. The Burlington International Airport Quarterly is a bilingual magazine — translated into French for our Québecois visitors — that highlights Vermont's recreational, cultural and dining scenes according to the season. If you're coming to enjoy our winter wonderland, you'll find some sampling options within these pages.

Or, if you're just passing through Vermont, we hope this issue convinces you to return for a longer stay! Use this magazine, too, as a guide to the airport and on-the-ground transportation options.

While you're waiting for takeoff, the Burlington International Airport aims to make your stay a pleasant one. Please take a look around and enjoy its amenities and services, including lounge food vendors, a yoga space, breastfeeding rooms, charging stations and free Wi-Fi and local art.

We thank you for flying BTV and hope you'll come back to see us soon. Let the beautiful city of Burlington and state of Vermont smile at you.

### Why BTV?

Many folks flying through BTV wonder about the airport's three-letter location identifier. Vermont's postal code is VT, so why not BTVT? That's especially baffling, as BVT isn't already used by another airport.

Here's a PDX history. Airport codes arose in the 1930s. The early ones simply copied the two-letter designations used by the National Weather Service, which typically set up weather data stations at airfields.

But as commercial aviation expanded, the federal government switched to the three-letter system, which offered thousands more combinations. Some airports simply added an X to their original two-letter abbreviations, and those codes stuck. Hence LAX (Los Angeles International) and PDX (Portland International).

Today, many of the three-letter codes still make sense. They include Boston (BOS), Atlanta (ATL) and Salt Lake City (SLC). Others, such as Chicago's O'Hare (ORD), are puzzling until you learn the airport's history. Prior to 1949, O'Hare was named Orchard Field.

By all reports, Burlington International's three-letter code has always been BTV — leaving the placement of the V a mystery. But the moniker is far preferable to that of the Iowa Gateway Airport in Sioux City Iowa (SIU), Grant's Pease Air National Airport (PGE) or Pease International Airport in Russia (PEE) or Butler Memorial Airport in Missouri (BNM).

Burlingtonians have come to embrace the dignity of their BTV abbreviation, adopting it as a fitting nickname and Twitter hashtag for their quirky hometown. ✈





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## SEVEN DAYS

seven.days@bta.com

After just over three months you could think that July 2016 was the slowest of months for the Burlington International Airport. But it wasn't. In fact, it was one of the busiest. The airport saw a record number of flights, with a total of 1,000 flights in the month. This was due to a combination of factors, including the fact that the airport was the only one in the region to offer direct flights to Europe. This was a major draw for many travelers, and it was also a major draw for the airline industry. The airport's location, its facilities, and its staff were all factors that contributed to its success. The airport's success was a testament to the hard work of its staff and the support of the community. It was a success that was well-deserved and well-earned.

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WINTER  
Haver



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Vermont's ski resorts

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MEET A FLIGHT INSTRUCTOR  
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COVER PHOTO BY STEVE MONTANA  
REPRODUCED BY PERMISSION

# MOUNTAIN STATE



LOWE/ISTOCK  
Markus J. Berg

COURTESY OF THE VERMONT

Food and fun reach new heights at Vermont's ski resorts

Délices et plaisirs garantis dans les stations de ski du Vermont

BY ALICE LEVITT & SARAH TUFF DUNN

Come deep winter, snow whitewashes Vermont from its peaks to its valleys. While the view is good from any elevation, the mountains call out this time of year, promising skiers and riders ripping run after run down their powdery slopes.

Take your pick of mountain resorts — there's a handful within an hour's drive of Burlington. They're full of classic trails that can make athletes of all levels feel like champions. But they also hit the mark when it comes to off-piste adventures, cozy indoor amenities and an abundance of nearby après-ski eats. It's more than enough to make you head for the hills.

À plus fort de l'hiver, du plus haut sommet au creux des vallées, le Vermont se couvre de blanc. La vue est superbe partout, mais durant cette période de l'année, ce sont les montagnes qui volent la vedette, pour le plus grand plaisir des skieurs et des planchistes qui prennent d'assaut les pentes enneigées.

Une foule de stations de montagne s'offrent à vous à moins d'une heure de voiture de Burlington. Outre les pistes classiques, où les sportifs de tous les niveaux se sentiront comme des champions, vous pourrez profiter d'aventures hors des sentiers battus, d'aires de détente chaleureuses à l'intérieur et d'une abondance de restaurants pour un « après-ski » bien mérité. Voilà autant de bonnes raisons de mettre le cap sur les montagnes.



## BOLTON VALLEY RESORT

[boltonvalley.com](http://boltonvalley.com)

In less time than it takes to get a pizza delivered, skiers and riders can be skiing up the 5,000 snow-covered acres at Bolton Valley Resort. It's located just 10 minutes from downtown Burlington.

The most popular terrain from the 3,150-foot summit tends to be the Timberline Quad's long intermediate trails. From Vista Peak, experts can hit the glades for tree-skiing while beginners snowplow down Sherman's Pass or learn their first turns off the Highty-Mile rope tow. If at night, however, that this place really lights up with 10 illuminated runs beneath the Vista Guard offered Wednesday through Saturday.

The Nordic Center here allows access to 100 kilometers of cross-country trails and some of the state's best backcountry terrain. This includes the iconic Bolton-Trappes section of the 360-mile Cataraugus Trail, which traces the entire spine of Vermont.

En moins de temps qu'il en faut pour faire livrer une pizza, skieurs et plancheurs peuvent se précipiter au Bolton Valley Resort, qui s'étend sur 5 000 acres à 10 minutes seulement du centre-ville de Burlington.

Les longues pistes de niveau intermédiaire du télésiège quadruple Timberline sont les plus proches de cette station, qui culmine à 960 mètres. De Vista Peak, les experts peuvent faire du ski de forêt à travers les clairières. Les débutants pourront quant à eux descendre Sherman's Pass en chasse-neige ou pratiquer leurs premiers virages sur la pente de Highty Mile, accessible par câble de remonte-lu. La nuit tombée, du mercredi au samedi, les 10 pistes éclairées au-dessous du télésiège quadruple Vista brillent de mille feux.

Le Nordic Center de la station offre 100 km de kilomètres de pistes de ski de fond et certains des plus beaux terrains pour le ski de randonnée nordique, notamment le pittoresque segment Bolton-Trappes de Cataraugus Trail qui traverse tout le Vermont sur 480 kilomètres.

Hatchet Tap and Table



NEEDS, MALLUM

### Where to Eat / Où se restaurer?

#### **HATCHET TAP AND TABLE**, [hatchettap.com](http://hatchettap.com)

The lively banger is a delicious follow-up to downhill diversions at this pub in tiny Richmond, 10 miles from the resort. Pair it with roomy fare and a beer, wine or cider from one of 24 taps. Ce pub s'trouve dans la minuscule ville de Richmond, à 16 km de la station, offre des succosées sur abaissement bien costumées (idéales après une nuit passée sur les pistes). Accompagnées les de fines au romarin et d'une base d'un verre de vin ou de l'un des 24 citées en fût.

#### **PARKSIDE KITCHEN**, [parksidekitchen.com](http://parksidekitchen.com)

The chefs here cook up solid mountain fare for breakfast, lunch and dinner. Head to the counter to order southern-fried chicken, rice and cheese, or an apple fritter. Pour le déjeuner le dîner ou le souper, les chefs de Parkside Kitchen vous proposent des mets copieux parfaits pour la vie de montagne. Allez au comptoir et commandez du poulet frit à l'américaine, un risotto et cheese ou encore un beignet aux pommes.

#### **PROHIBITION PUB**, [prohibitionpub.com](http://prohibitionpub.com)

The southern-style treats at this Waterbury restaurant are award winning. When you're finish off the slopes, though, try the casual brewery in the back. Sip a house-brewed brown ale or coffee-caramel stout with a taco or two.

Les plats typiques du Sud de ce restaurant de Waterbury ont tout pour plaire. Après vos descentes, venez profiter du cadre détendu qu'offre la brasserie, située en arrière. Dégustez une bière brune brassée sur place ou une stout café, suivie avec un taco ou deux.

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Children learning to ski typically take a turn for the better at this three-mountain resort, 45 miles from Burlington. That could be thanks to a pair of furry mascots — Mogul Mouse and Billy Bob Bear — who romp around the grounds, ensuring that six seasons stay fun. Look for their hosting races on Sir Henry's Hill or serving hot chocolate in between snow-tubing sessions.

There's plenty to keep the adults entertained, too — namely, the fresh snow that sticks around here long after it's gone at some other Vermont resorts. The secret? An average annual snowfall topping 26 feet and slower ski lifts, which serve to reduce crowds. So waiting is slightly longer than pays off in powder slashes, especially off Madonna and Sterling peaks. Back at the base area, indoor pools and whirlpools tempt athletes with a relaxing soak — but looking out to see the frozen remnants of the actual notch, separating Jeffersonville from Stowe, might prove more fun.

Les enfants qui apprennent à skier sortent toujours grandes de cette station sur trois montagnes, à 72 km de Burlington. Ça pourrait être un peu grâce à Mogul Mouse et Billy Bob Bear, deux mascottes attachantes qui veillent à ce que les leçons de ski se déroulent toujours dans le plaisir! Vous pourriez les apercevoir en train d'animer des courses, du côté de Sir Henry's Hill ou de servir du chocolat chaud entre les séances de glissade sur tube!

Les adultes ne sont pas en reste ici: la neige fraîche reste longtemps après une descente dans d'autres régions du Vermont. Le secret? Des chutes de neige pouvant atteindre près de 8 mètres en moyenne et des remontées pentes plus lentes, ce qui réduit l'affluence. Il vaut donc la peine d'attendre un peu plus longtemps en file pour profiter au maximum de la poudre, particulièrement sur les sommets Madonna et Sterling. De retour au centre, il est tentant de se délasser les muscles dans les piscines et bains, tout autant à l'intérieur que les plus vaillants ne renouvellent pas de faire la randonnée jusqu'aux cascades pétrées de l'ancien col (le notch) en anglais) qui sépare Jeffersonville de Stowe.

## Where to Eat / Où se restaurer?

### EL DORADO TAVERN

[eladoradovermont.com](http://eladoradovermont.com)  
Made friends on the mountain? Bring them here and bond over a basket or two of the house chips, covered in salt and sugar. Wash them down with a margarita made with local apple cider. Vous vous êtes fait des amis sur la montagne? Amenez-les ici et faites plus ample connaissance en partageant un panier ou deux de croustilles maison, sautées avec du sel et du sucre. Rincez-les avec une margarita faite avec du cidre local.

### THE FAMILY TABLE

[familytablevt.com](http://familytablevt.com)  
The hearty fare at this chef-owned restaurant will speed recovery after an exhausting day on the slopes. Try the gourmet take on an open-faced hot turkey sandwich. Les plats réconfortants de ce restaurant aident le patientement est aussi le chef-sourcier vous naviguer sans une panne épuisante sur les pentes. Essayez le simple gourmet du sandwich chaud à la dinde, servi ouvert avec une sauce au jus de viande à la sauce.

### 250 MAIN RESTAURANT & BAKERY

[250main.com](http://250main.com)  
Sit down and at the main restaurant for a diverse menu ranging from hearty fare to classic comfort food. For a quick slice head upstairs to the Jeffersonville Pizzeria Department. Situé au lot de chaussée le restaurant propose un menu diversifié allant des rochers au thon car il peut aussi au classique pain de viande. Donné d'une pointe de pizza? Montez à l'étage ou se trouve le Jeffersonville Pizzeria Department.





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Located on Mount Mansfield, Vermont's largest peak, Stowe Mountain Resort is about as close as the East gets to the pampering and powder of the American West's much larger Rocky Mountain resorts. This popular spot, 43 miles from Burlington, is known for its famed Front Four — a quartet of spine-tingling slopes spilling from the 4,266-foot summit — as well as its castle-like luxury lodges and the nearby plush spas and ski shops.

Start your exploration at the beginner-friendly Spruce Peak area or by meandering down the Toll Road, a winding beginner run nearly four miles long that leads the famous Stowe Derby race every February. Work your way up to such classic intermediate runs as Haystack and Perry Merrill. For those not ready to tip down the Front Four (famed National Goat, Slart and Lullfins), other adventures abound. Try soaring through the skies on the new zip line, spending the night in the Stowe Hut cabin or simply submitting to a hot-stone massage at one of the many Stowe spas.

Situé sur le mont Mansfield, plus haut sommet du Vermont, le Stowe Mountain Resort n'est ce qu'à peine rapproché le plus près l'un des centres de détente de l'Ouest des États-Unis, nichés dans les paysages plus imposants Rocheux. Ce lieu prisé, à 69 km de Burlington, est reconnu pour ses célèbres Front Four — quatre escarpements vertigineux balisés dans la montagne, qui culminent à 1 340 mètres — ainsi que pour ses établissements hôteliers luxueux, sans oublier les spas et restaurants de toutes tailles à proximité.

Commencez vos explorations dans le secteur de Spruce Peak idéal pour les débutants, ou se descendre doucement sur Toll Road, une piste sinueuse de près de 6-4 kilomètres ou se dévoiler le fameux derby de Stowe chaque année en février. Empruntez ensuite les pistes classiques de niveau intermédiaire qui sont Haystack et Perry Merrill. Si vous n'êtes pas prêt à affronter les Front Four (famoses National Goat, Slart et Lullfins) d'autres aventures s'offrent à vous. Essayez la nouvelle tyrolienne, passez la nuit dans le cabanon en hutte ou laissez-vous simplement tenter par un massage aux pierres chaudes dans l'un des nombreux spas de Stowe.



The Bench



## Where to Eat / Où se restaurer?

### THE BENCH, [stowe.com](http://stowe.com)

Twenty-eight taps of mostly local beers are the main attraction at this comfort-food spot. It specializes in burgers and wood-fired pizzas, and offers fancier fare, too — think wood-roasted duck. Le sélection de 28 bières en fait l'attraction pour la plupart, constitue la principale attraction de ce restaurant au menu réconfortant, burgers, pizzas grillées au feu et bœuf, sans oublier quelques mets plus raffinés, comme le canard rôti au feu de bois.



Doc Ponds

### DOC PONDS, [docponds.com](http://docponds.com)

A rocket scientist is in charge of the beer list here which includes 24 taps and a long list of bottles. Shared ownership with the beloved upscale martini-chau item of the Wood grantures great food in a more casual atmosphere.

Ici, un véritable spécialiste s'occupe de la carte des bières, qui comprend 24 variétés en fut et une longue liste de bouteilles en bouteille. La copropriété avec la célèbre chaîne haut de gamme Item of the Wood garantit des aliments de qualité et une ambiance chaleureuse.

### SUSHI TOSHI, [sushitoshi.com](http://sushitoshi.com)

This Japanese restaurant makes a special effort for its après-ski guests. There are hot wings at the bar from 3 to 6 p.m., a great way to warm up along with some hot sake.

Ce restaurant japonais réserve un traitement spécial à ses clients venus en « après ski ». Des plats de poulet sont servis gratuitement au bar entre 15 h et 18 h, une excellente façon de se réchauffer (le sake chaud est un excellent complément).



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Sugarbush Resort



Watch out, Winter Olympic fans: The next gold medalist just might hail from Vermont's Mad River Valley, which generates more elite ski races, freestyle skiers and snowboarders than nearly anywhere else. The corner of the state, just under an hour from Burlington, is simply made for winter sports.

Sugarbush Resort's Lincoln Peak base area has all the bells and whistles that a skier or rider could need: the elite Green Mountain Valley School for student ski races, lessons for all ages and long-slee beds to collapse into at the end of the day. Its Mount Ellen boasts the highest chairlift in Vermont. The corners of freestyle skiing and backcountry terrain here: local visitors coming back night up until the spring thaw.

Over at nearby Mad River Glen, the teasing motto "Sit it if you can" reinforces the site's all-natural features and limited snowmaking. It conditions are a little more indulgent: instead in one of Sugarbush's Cabin Cat dining adventures, which transport visitors to the top of Gadd Peak for a festive toast in Allyn's Lodge. ❧

Aux yeux amateurs des Olympiques d'hiver, le ou la prochain(e) médaille(e) d'or pourrait bien être originaire de Mad River Valley, une région qui produit plus de sportifs d'élite en ski de compétition, saut acrobatique et planche à neige que n'importe quelle autre, au monde. Ce coin de l'Etat, à moins d'une heure de Burlington, est tout simplement fait pour les sports d'hiver.

Le centre Lincoln Peak de Sugarbush a de quoi ravir skieurs et plancheurs: on y trouve l'école Green Mountain Valley qui offre des leçons aux niveaux de compétition de tous âges ainsi que des lits gonflables où ils peuvent se reposer. Le téléphérique de Mount Ellen, le plus haut du Vermont ainsi que des couloirs réservés au ski de fond et un secteur de randonnée nordique qui font le bonheur des visiteurs jusqu'au dégel du printemps.

Tout près à Mad River Glen, le slogan «Sit it if you can» vous convie à profiter de circuits naturels du site ou la fabrication de neige artificielle est limitée. Les conditions ne sont pas optimales: profitez de l'avis sur le gastronomique Cabin Cat de Sugarbush qui transporte les visiteurs au sommet de Gadd Peak pour un toast auprès du feu à Allyn's Lodge. ❧

## Where to Eat / Où se restaurer?

### THE ELUSIVE MOOSE POB & EATERY

[theelusive-moose.com](http://theelusive-moose.com)

Just for skiers, there's a grazing menu available from 3 to 6 pm. Small plates include: kirsch-spiced fondue, spicy shrimp and grits, and braised beef dumplings.

Il y a de 3 h à 6 h de réservé aux skieurs un menu d'accueil composé de plats légers: fondue au kirsch, crevettes épicées et grits, et dumplings de bœuf braisés.

### THE MAD TACO

[themadtaco.com](http://themadtaco.com)

Drink craft beers or a margarita with farm-fresh Mexican dishes at this quirky tavern. Don't miss flavoring your carnitas or roasted pork taco with some of the locally named homemade hot sauce.

Cette taverna excentrique propose des plats mexicains «faits de la ferme» que vous pouvez accompagner d'une bière artisanale ou d'une margarita. Ne manquez pas de réchauffer vos frites de carottes (cruées) ou de porc de ferme d'oignons rôtis avec l'une des délicieuses sauces piquantes maison aux noms plus créatifs les uns que les autres.

### PIZZA SOOL

[pizzasool.com](http://pizzasool.com)

For a true taste of place, try the Vermont Vibe pizza, topped with ham, Granny Smith apples, cheddar and a drizzle of maple syrup. Finish on a sweet note with a flavored water or dessert cocktail.

Pour connaître le «vrai goût» de la région, la pizza Vermont Vibe, garnie de jambon de porc, de pommes Granny Smith, de cheddar et d'un saupçon de sirop d'érable. Pour terminer sucré, versez le tout avec une gousse aromatisée ou un cocktail dessert.



Photo: Jeff Hwang



# ELEVATING THE EAST

Ski the East filmmakers celebrate Vermont winters | Les hivers du Vermont à l'écran

BY BEN PICARD

Vermonters in Vermont will likely see a few black-and-white bumper stickers sporting a simple command: "Ski the East." For years, the message has served as a badge of honor for those who embrace the challenging snow, sleet, rain and ice that befall East Coast skiers. There's a world of difference between the ever-variable weather at Vermont ski resorts and the powder-constant conditions at their counterparts out west.

"Ski the East" is more than just a slogan. It's also the official motto of Burlington-area production company Roadhead Films, which is devoted exclusively to showcasing the diverse conditions and terrain of East Coast skiing. Over the past decade, that company has grown into Ski the East, which sells outdoor winter apparel catering to men, women and kids who frequent ski areas all over the country.

Roadhead Films was founded in 2001 by skiing enthusiasts Cecil McDonald and Christopher James, who met as students at the University of Vermont. James, now 34, grew up in mid-coast Maine; McDonald, 32, is a native of Hudson, Ohio. They admit they were drawn to UVM largely by its proximity to the slopes of the Green Mountains.

McDonald took up filmmaking after buying a video camera as a freshman, and he and James honed their production skills at UVM's a closed-circuit student television network that airs in campus buildings. McDonald and James spent many winter days stopping class, skiing and filming themselves and their buddies.

While such tight pants didn't boost their grade point averages, they did provide good practice for filming and editing videos in the years before YouTube. In 2001, the pair shot their first full-length feature, *A Natural Force*, about skiing, snowboarding and skateboarding. It was

»» Page 28





**Q**ue les visiteurs du Vermont ne se surprennent pas de voir l'effigie du «*ski-thé*» blanc «*Ski the East*» collée sur le pare-chocs de certains véhicules. Pendant des années, ce slogan a servi de badge d'honneur pour tous les skieurs de la côte Est qui bravent le neige, le givre et le gel pour l'amour du sport. Entre le métro chevronné des stations de ski du Vermont et l'énorme poussière des stations de l'Ouest du pays, il y a un monde de différence.

Plus qu'un slogan, «*Ski the East*» est aussi le droit officiel de la bête de production Westhead Films, de la région de Burlington, qui se consacre exclusivement à mettre en valeur les conditions et le relief diversifiés qui rythment le ski sur la côte Est. Au cours des dix dernières années, l'entreprise a donné naissance à *Ski the East*, boutique de vêtements d'hiver destinés aux hommes, femmes et enfants de partout au pays.

Westhead Films a été fondée en 2003 par les mordus de ski Geoff McDonald et Christopher Jones, qui se sont rencontrés alors qu'ils étaient étudiants à l'Université du Vermont. Christopher, 34 ans, a grandi sur la moyenne côte du Maine. Geoff, 33 ans, est originaire de Hudson, dans l'Illinois. Ils admettent avoir été attirés par l'UVM en grande partie à cause de sa proximité des pentes des Montagnes vertes.

Geoff s'est mis à la réalisation de films après avoir fait l'acquisition d'une caméra vidéo à l'université. Christopher et lui ont pu offrir leurs compétences en production grâce à l'UVM, réseau de télévision étudiante en circuit fermé. Les deux compères ont passé trois des quatre d'été à s'adonner les cours, professeurs d'été et se tenir entre amis.

Ces filles de journée n'ont certainement pas aidé leurs notes, mais elles leur auraient permis de développer leurs talents en tournage et montage de vidéos avec l'orm YouTube. En 2003, ils ont tourné leur premier long métrage, *A Natural Place*, sur le ski, le givre et le neige et le givre à rouler. Le film est sorti sur VHS à l'automne 2003. L'année suivante, ils ont produit le DVD *Divined*.

»» Page 16

**We consider  
Burlington to  
be the ski capital  
of the eastern  
United States.**

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Burlington  
est la capitale  
du ski de la côte  
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Geoff McDonald

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released an VHS in the fall of 2002. In 2003, they put out a DVD of *Eleven* dedicated entirely to the East Coast skiing experience. As McDonald puts it, "Going to college here, it was a great way to carve out a niche for ourselves."

A year after they graduated in 2004, James and McDonald devoted themselves to winter filmmaking full time. For the next decade, *Westhead Films* expanded its repertoire, forging relationships with athletes and sponsors up and down the East Coast. Its productions have taken the filmmakers as far south as Virginia and as far north as Newfoundland and the Chic-Choc Mountains in Quebec's Gaspé Peninsula. Once the crew traveled to the far East, to film skiers in Japan, but nearly all of the other productions have kept their focus on wherever the snow happens to fall in eastern North America.

For example, when two simultaneous storms pummeled Washington, D.C., with more than 40 inches of snow in February 2010, McDonald and James packed up their gear and invaded the U.S. capital to shoot footage of notable landmarks such as the Lincoln Memorial. The result was their 2010 movie *Week 8 Out*.

The following year, *Westhead Films* released *Prime Cut*, which featured skiers performing aerial stunts while jumping over a sculpture of whales' tails, a local landmark visible from Interstate 89 near Burlington.

By 2012, James and McDonald could use the writing on the wall. With the DVD film industry collapsing, they decided they didn't want to watch their business slide downhill, too. So they launched the outdoor apparel company. So the East, named for the slogan they'd thought up in a bar in 2005 while trying to figure out how to sell more T-shirts at movie releases.

Today *Westhead Films* releases three- to five-minute ski webisodes farther online. But the filmmaking has taken a backseat to the clothing line, which has evolved into high-quality outdoor wear including vests, breezes, work shirts, thermals and base layers. All of it is printed by Burlington-based Select Design with, of course, the So the East motto.

"It promotes camaraderie and pride for the region," James says of the name. "The East Coast is the underdog in the ski industry, so I think people see that slogan and really relate to it."

"We consider Burlington to be the ski capital of the modern United States," McDonald adds. "There's really nowhere else we'd want to be based." ❧



Geoff McDonald  
filming on  
Mt. Mansfield



«Illegalement» passeuse au ski sur la côte Est. «Le but ultime résidents ici est savoir nous a permis de nous tailler un crâneau bien à nous.»

Un an après avoir obtenu leur diplôme en 2004, Christopher et Geoff ont décidé de se consacrer à temps plein aux films sur l'hiver. Du rent les dix années qui ont suivi, Headland Films a élargi son répertoire en nouant des relations avec des sportifs et des commanditaires de toute la côte Est. Ses productions ont attiré des réalisateurs aussi loin au sud que la Virginie et aussi loin au nord que Terre-Neuve et les monts Chic-Chocs en Gaspésie au Québec. Une fois l'équipe de tournage s'est même rendue en Extrême-Orient, au Japon, mais la plupart des autres productions sont des courses à travers les régions de neige dans l'est de l'Amérique du Nord.

Par exemple, quand deux tempêtes se sont abattues simultanément sur Washington DC, en février 2010, laissant au passage plus d'un mètre de neige, Christopher et Geoff ont emballé leur matériel et pris d'assaut la capitale américaine afin de capturer des lieux emblématiques comme le Lincoln Memorial. Ce peut aggraver le résultat dans leur film de 2010, *More It Out*.

L'année suivante, Headland Films a sorti le film *Arête*, CAC dans lequel on peut voir des skieurs faire des acrobaties au-dessus d'une sculpture en forme de queue de baleine, emblème local valable depuis l'Internationale 89 près de Burlington.

En 2012, Christopher et Geoff ont dû se rendre à l'évidence: «la chute de l'industrie du DVD un changement de cap à l'imposant pour éviter que le leur entreprise s'effondre a petit feu. Ils ont donc mis sur pied *See the East* en espérant de vêtements de plein air nomades d'après le slogan qu'ils avaient concocté dans un bar en 2005 en vue de recueillir plus de l'effort à la sortie de leurs films.

Aujourd'hui, Headland Films offre en ligne gratuitement des capsules de trois à cinq minutes sur le site. Mais les films ont été relégués au second plan derrière la gamme de vêtements qui comprend des articles de plein air de grande qualité – vestes, vêtements en polaire, chemises de travail, sous-vêtements thermiques, etc. – tous conçus par Select Design, basé à Burlington, et marqués de la devise «*See the East*».

«Cela suscite un sentiment d'appartenance et de fierté pour la région, dit Christopher au sujet de la marque. La côte Est n'est un peu le parent pauvre de l'industrie du ski, alors je pense que les gens se sont souvent approprié ce slogan.»

«Pour nous, Burlington est la capitale du ski de la côte Est des États-Unis. Alors Geoff, nous ne voudrions travailler nulle part ailleurs.»

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## IN SEASON • EN SAISON

EVENING OF THE WINTER LEO ENVOIEMENTS DE NEVER / BY CAROLYN FOR

### First Night Burlington

Some New Year's Eve celebrations are short and sweet, lasting only as long as it takes for the ball to drop on the stroke of midnight. In Burlington, however, revelers assume far more than the year's final seconds. The city's First Night celebration — a substance-free tradition now in its 32nd year — commences at noon on December 31. In the 12 hours that follow, the Festival of the Arts speeds to more than 20 downtown venues, which host nearly 500 artists in all-ages performances.

Warmest talent goes first. Don't miss Circus Sinuous' acrobatic art-tickles, Kit Wright & the Indomitable, Soul Dance's powerhouse vocals, or Burlington cabaret Jerrigan Postels' taste-of-place storytelling. Buy a festival button for full access to folk drumming, cabaret revues, world-vibe shows and slam-bang comedy. Then step into the streets for the Dancing Dragon Parade and, of course, to watch fireworks bursting over glitzying Lake Champlain.



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La veille du Jour de l'An, certaines célébrations se déroulent que le temps du feuwork compte à rebours jusqu'à minuit. À Burlington, cependant, les fêtes ne s'en finissent pas seulement à ces autres occasions, loin de là! L'événement First Fight, une MMA sans consanguinité d'élite organisée depuis maintenant 23 ans, commence à midi le 21 décembre. Durant les deux heures qui suivent, ce festival des arts fait son plein dans plus de 20 lieux au comté-ville, où une centaine d'artistes donnent des prestations destinées à un public de tous âges.

Les talents de Vermont y sont à honorer! Ne manquez pas les manifestations musicales artistiques de Circus Sankas, les possantes envolées locales de Kat Wright & the Inebriated, ou encore les performances rétro du chauffeur de taxi local Jonagan Pontas. Prenez aussi un moment du festival pour venir à la rencontre des artistes: timbales, flûtes, guitares de variété, vaudeville, monologues comiques, etc. Ensuite, descendez dans les rues pour admirer le défilé des Dancin' Gnomes et, bien sûr, regarder les feux d'artifice au-dessus de la surface miroitante du lac Champlain.

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L'hiver est long au Vermont — ça en dit même qu'il dure six mois! À moins d'être un amateur de ski et de prendre d'assaut les pentes enneigées, il peut être tentant de rester à l'intérieur et d'hiberner. Grâce au bar de glace de l'Hotel Vermont, vous retournerez à l'extérieur avec le cœur arboré. Cet événement, qui a lieu parallèlement au Festival d'hiver de Burlington et au Penguin Plunge, est le décor parfait pour une soirée magique en plein air. Derrière les bars de glace scintillants, les barman concoctent des boissons artisanales avec des produits du Vermont, et les font parfois même couler jusqu'à votre verre à l'aide d'une glissière de glace. Les restaurants Jumper et Bleu Northwest Seafood servent des plats qui réchauffent les locavores, tandis que les musiciens et les numéros surprise — dans les dernières années, une mobilisation scolaire et un chanteur de feu ont ravi les foules — servent rythmer le tout.



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## IN SEASON • EN SAISON Wintervale

Sketching alongside the mighty Winooski River, Burlington's 350-acre Intervale bustles with organic farm activity in summer. When winter snow blankets those fields, they transform into a pediatric playground. That's why volunteers with the Intervale Center — a farmed cooperative working to strengthen community food systems — groom three miles of trails far closer and faster skiers' skis can glide through the fields at any time but should certainly plan to do so at the annual Wintervale celebration, which offers free ski, snowshoe and fat-bike rentals, as well as kids' activities. Chilly out? Warm up with food-truck fare and hot cocoa from Lake Champlain Chocolates. ❧

Le valais de l'Intervale s'étend sur 350 acres le long de l'impressionnante rivière Winooski, près de Burlington, bouillonnante d'activités agricoles saines en été. Quand l'hiver étend son manteau blanc, la vallée se transforme en terrain de jeu hivernal. Les bénévoles de l'Intervale Center — coopérative agricole ayant pour mission de renforcer les réseaux alimentaires de la communauté — en profitent alors pour aménager près de trois kilomètres de pistes pour les amoureux de ski classique et de ski de patinage. Les skieurs peuvent parcourir le valais quand bon leur semble, mais cet tout-miscelé à le faire durant l'annuel Wintervale pour profiter de la location gratuite de skis, de raquettes et de vélos à pous surdimensionnés ainsi que des activités pour les tout-petits. Vous êtes froids jusqu'aux os? Les camions de cuisine de rue et le chocolat chaud de Lake Champlain Chocolates sauront vous réchauffer! ❧

Wintervale is a free "pop-up" event in February at the Intervale Center in Burlington. Groomed trails are free and open to the public all winter.

Wintervale and its featured trails are free and open to the public all winter at the Intervale Center in Burlington. The trails are groomed and accessible for skiers, snowshoers and fat-bike riders.

Info: 802-244-6545  
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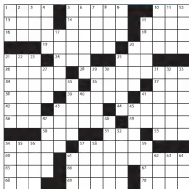
Champlain Valley Food and Drink Festival, Montpelier, VT, 2014





# diversions

FIND ANSWERS ON PAGE 31



## Ballin' BY J. REYNOLDS

### ACROSS

- 1 Shipping (assured)
- 5 Right, of a sort
- 10 Knight's title
- 15 Seed cover
- 16 Author Zora

Huron

- 15 The "C" in U.R.C.
- 16 \*\*\* 1980 film
- 18 Follower of "oak" or "tree"
- 19 Retro car
- 20 Proposed a book
- 21 Relative of risqué
- 24 Pleasant greeting in Central America
- 25 Flipper
- 26 Hightail it
- 28 \*\*\* Symbol of Japan
- 34 Sports show-off
- 35 Isotonic nether
- 37 Mineral outcro
- 38 Just barely
- 39 Relieved

### DOWN

- 41 Attention gets
- 42 50¢ in old Rome
- 43 Sandwich shop
- 44 Cushman
- 46 \*\*\* CMH personality
- 48 Fennel measure
- 50 Later to G.D.E.
- 51 Absorbed, as a coal
- 53 Tripper's drug
- 54 Church singers
- 57 Tel Aviv's land
- 60 1930s-'80s sitcom setting
- 61 \*\*\* Bad spelling?
- 65 Shield border
- 66 TV's "Kale & ..."
- 67 Layer
- 68 Group that includes the end of each of the starred clues
- 69 "... with upon ..."
- 70 "We are of"

### DOWN

- 1 Setting of many plays
- 3 Big time
- 3 18-wheeler
- 4 Smooth-talking
- 5 Little dwarf's opposite
- 6 One with obligations
- 7 Handle roughly
- 8 Everyone, in Texas
- 9 First word of Dantini's "Interme"
- 10 Skyscraper
- 11 Just lying around
- 12 Study
- 13 Bell sound
- 17 "Gloopy"
- 20 Slip sound
- 21 Start of a declaration
- 22 None
- 23 Empty words
- 25 Leading the pack
- 27 Eccentric
- 29 "... the bag"

- 30 Seek damages
- 31 Start's former partner
- 32 Expresses
- 33 Fit together
- 35 Social misfit
- 40 HBO's "Da \_\_\_ & Show"
- 41 Lone figure
- 42 Actor
- 43 Scatle woker
- 45 "... to recall?"
- 47 Raker play
- 48 Deadhead icon
- 52 Selfish sort
- 54 "Hurry up!"
- 55 Parsley or sage
- 56 Earthenware pot
- 57 Misbehavior
- 58 Popcorn's partner
- 59 Having a deadline
- 61 Call to flo-panp
- 62 Actress
- 63 Scale
- 64 Jutty with part or punt
- 64 Weep

## sudoku

BY J. REYNOLDS



Complete the following puzzle by using the numbers 1-9 only once in each row, column and 3x3 box. Difficulty: medium

## calcoku

BY J. REYNOLDS



Using the enclosed math operations as a guide, fill the grid using numbers 1-9 only once in each row and column. Difficulty: hard

## hungry?

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# art at the airport



**B**urlington City Arts curates art exhibits in three areas of the airport: the Skyway, the area above the escalator and the walls facing security for Gates 1-8. Whether you've arrived early for a flight or are waiting to pick up passengers, do take the time to look around! In December, the Gates area features Phil Loughlin's oil paintings of the Champlain Valley and other New England locales. Cameron Schmitz's representational works, painted directly from local landscapes, are on view in the Skyway.

Starting in January, Alex's Dosses' color photography shot with vintage and handmade cameras, appears in the Gates. Robert Gold's vivid acrylics on canvas, which seek to "uncover the extraordinary hidden within the ordinary," hang in the Skyway.

All winter long, Gail Shepherd's nature-inspired oils series can be seen above the escalator. If you're going up, be sure to turn around and look at the wall behind you. But, watch your step!

All of these artists live in or have spent time in Vermont. Please enjoy examples of their work at the airport and on their individual websites.

Find more information about Burlington City Arts and its downtown gallery and programs at [burlingtoncityarts.com](http://burlingtoncityarts.com). ✎



**B**urlington City Arts expose des expositions d'œuvres d'art à trois endroits dans l'aéroport : dans le Skyway, au-dessus de l'escalier mécanique et sur les murs qui font face à la sécurité pour les portes 1 à 8. Que vous soyez arrivés à l'aéroport pour votre vol ou que vous attendiez des passagers, prenez le temps de regarder autour de vous!

En décembre, les huiles de Phil Loughlin, montrent la vallée du Champlain et d'autres lieux typiques de la Nouvelle-Angleterre, sont suspendues dans le secteur des portes. Les œuvres figuratives peintes en plein air de Cameron Schmitz, qui restent à l'extérieur les paysages locaux seront aussi à bien exposés dans le Skyway.

Des janvier, près des portes, vous pourrez admirer les photos en couleurs d'Alexa Dosses, prises avec des appareils anciens et faits à la main. Les acryliques sur toile contemporaines de Robert Gold, dont l'œuvre vise à « faire ressortir l'extraordinaire de l'ordinaire », se trouveront dans le Skyway.

Tout l'hiver, soyez à l'affût des huiles inspirées de la nature de Gail Shepherd au-dessus de l'escalier mécanique. Si vous montez, ne manquez pas de vous retourner pour regarder le mur derrière vous. Mais faites attention à la marche!

Tous ces artistes vivent ou ont passé du temps au Vermont. Vous pourrez voir certaines de leurs œuvres à l'aéroport et d'autres sur leurs sites Web.

Pour en apprendre davantage sur Burlington City Arts, ainsi que sur sa galerie du centre-ville et ses programmes, rendez-vous sur le site [burlingtoncityarts.com](http://burlingtoncityarts.com). ✎

1) Gail Shepherd, "High Tide" 2) Phil Loughlin, "Champlain National" 3) Robert Gold, "Emulsion Building" 4) Cameron Schmitz, "South Road" 5) Alexa Dosses "Obeliskown and Blue Snow"



# getting around

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**DEUXIÈME ÉTAGE**

### **Rental Cars/ Voitures de location**

A full dozen car rental agencies serve passengers in the airport. Their desks are located on the main floor of the terminal adjacent to the baggage claim area. Vehicles are located a short walk from the concourse through a covered driveway. If you need a rental car, study what you arrive. The toll-free numbers on websites below will enable you to make reservations in advance.

Une douzaine d'agences de location sont à la disposition des passagers de l'aéroport. Leurs bureaux sont situés à l'étage principal de l'aéroport, à côté du comptoir à bagages. Les véhicules sont situés à une courte distance à pied des concourses. Si vous avez besoin d'une voiture, étudiez la location avant votre départ. Les numéros sans frais ou les sites Web ci-dessous vous permettront de réserver à l'avance.

- **Advantage** 1-800-777-8800 [advantagecars.com](http://advantagecars.com)
- **Alamo** 1-800-437-9632 [alamo.com](http://alamo.com)
- **Avis** 1-800-331-1212 [avis.com](http://avis.com)
- **Budget** 1-800-323-0700 [budget.com](http://budget.com)
- **Enterprise** 1-800-325-6000 [enterprise.com](http://enterprise.com)
- **Hertz** 1-800-654-0151 [hertz.com](http://hertz.com)
- **National** 1-877-332-6058 [nationalcar.com](http://nationalcar.com)

### **Taxis**

Private taxis line up outside the main door of the airport and across the street and serve passengers in order of arrival. All are licensed, insured, and can deliver you anywhere in the Burlington area and beyond. Prices are based on regulated rates.

Les taxis privés se alignent à l'extérieur principale de l'aéroport et delà du côté de la rue et prennent les passagers en ordre d'arrivée. Ils sont tous licenciés, assurés et peuvent vous livrer partout dans la région de Burlington et au-delà. Les prix sont basés sur des tarifs réglementés.

- Restaurants/  
Restaurants**
- Escalator/Elevator/  
Passer mécanique/ascenseur**
- Flight Information/  
L'information de vol**
- Ticketing/Check-in/  
Distribution**
- Security Checkpoint/  
Contrôle de sécurité**
- Baggage Claim/  
Retrait des bagages**
- Information Desk/  
Bureau d'information**
- Entrance/Exit/  
Entrée/sortie**

- ATM/  
Guichet automatique**
- Gifts/Magazines/  
Cadeaux/revues**
- Food & Beverage/  
Comptoir d'aliments et boissons**
- Yoga Room/  
Salle de yoga**
- Auto Rental/  
Voiture de location**
- Bus Tickets/  
Billets d'autobus**
- Art Exhibit/  
Exposition d'art**
- Gates/  
Portes**

### **Airlines at BWV/Compagnies aériennes à BWV**

**Airport** 1-800-403-1200  
[airport.com](http://airport.com) Market served  
Orlando (MCO)

**West** **American Airlines** 1-800-433-7333  
american.com Market served  
nonstop: Charlotte (CLT)  
Philadelphia (PHL) Washington, D.C. (BWI)

**Delta** 1-800-225-1232 [delta.com](http://delta.com)  
Market served nonstop: Atlanta (ATL), Detroit (DTW), New York City (LGA)

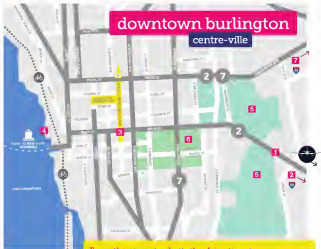
**JetBlue** 1-800-526-1562  
[jetblue.com](http://jetblue.com) Market served  
nonstop: New York City (LGA)

**Porter (seasonal)** 1-888-895-8633  
flyporter.com Market served  
nonstop: Toronto (YTZ)

**United** 1-800-865-8122 [united.com](http://united.com) Market served  
nonstop: Chicago (ORD), Washington, D.C. (DCA), Cleveland (CLE), Newark (LGA)

# downtown burlington

## centre-ville



### Bicycles to Rent/ Vélos à louer

**Local Motion, 1 Shore St**  
802-462-3463 (at the waterfront)  
802-462-3463 [localmotion.org](http://localmotion.org)

**North Star Sports, 100 Main St.** 802-863-5832  
[northstarportsail.com](http://northstarportsail.com)

**Storack, 85 Main St**  
802-868-5855 [storack.com](http://storack.com)



### Hotel Shuttles/ Navettes d'hôtel

If you're staying at a hotel in the area, ask the front desk when you make your reservation if there is a free airport shuttle bus. Si vous logez dans un hôtel de la région, demandez à la réception quand vous faites votre réservation s'il y a une navette gratuite qui se rend à l'aéroport.



### Bus/ Autobus

Inside the terminal near the baggage claim you will find the desk for Greyhound Bus with routes to and from Montreal and Boston, Mass. If you're coming from or going to Canada, don't forget your passport! Tél: (téléphone: 800-864-6888) [greyhound.com](http://greyhound.com)

The **Chittenden County Transportation Authority** or CCTL provides local routes throughout greater Burlington and other locations. The South Burlington Circulator route connects the Burlington International Airport with

downtown Burlington (Cherry Street) South Burlington and the University of Vermont. Services may not be available on weekends and holidays, however, please check the schedule in advance. [cctta.org](http://cctta.org)

À l'intérieur de l'aéroport, près du carrousel à bagages, vous pouvez trouver le bureau des autobus Greyhound, qui fait la liaison avec Montréal et Boston. Si vous arrivez du Canada ou si le Canada est votre destination, n'oubliez pas votre passeport! Numéro personnel: 800-864-6888 [Greyhound.com](http://Greyhound.com)  
La Chittenden County Transportation Authority ou la

CCTA, assure les liaisons autour de Burlington et avec d'autres. Le parcours Airport/University/Mt. St. Helens Airport International de Burlington est le centre-ville de Burlington (à rue Cherry) le sud de Burlington et l'Université du Vermont. Le service ne peut être disponible les fins de semaine et pendant les fêtes ainsi qu'aux jours fériés à l'exception d'exception.

Pour plus d'informations/  
Pour plus d'informations

**btv.aero**

## From the airport, what's the drive time to... De l'aéroport, quel est le temps de conduite pour se rendre à

1	William Road	01	Bolton Valley	45	Shelburne	15
2	University Mall	02	Mad River Glen	1:00	Lake Champlain Islands	30
3	Church St. Marketplace	03	Stowe Mountain Resort	1:00	Madelineburg	1:00
4	Burlington Waterfront	04	Smuggler's Notch	1:00	Montpelier	40
5	University of Vermont	05	Sugarbush	1:00	Montreal	2:00
6	Champlain College	06	Jay Peak	1:30	Boston	3:30
7	St. Michael's College	07	Ridgeway	1:50	Quebec City	4:30



# ground crew

WE'VE GOT TO KEEP IT MOVING  
STANDARD TRAINING



By Peter H. Rasmussen

**B**en Higgins once got caught in a mountain wave. That's when wind moves over a mountain and causes an updraft on one side and the gust blows toward the peak and a downdraft on the other side. For a pilot in a small aircraft, that can create a serious and potentially uncontrollable situation.

Higgins rode the wave unscathed. At age 17, he got his pilot license at the airport in Shelburne, VT, and became involved in flying around the state's mountains. In Florida, he earned his instructor's license, then taught at flight schools there and in multiple spots out west.

In 2007 Higgins cycled back to Vermont, where he is now chief flight instructor at the Windsor Flight Academy. The nonprofit academy — operating out of a building on the Burlington International Airport property — serves as the primary training school for Vermont Technical College's professional pilot technology program, which provides a bachelor's degree in aviation.

With its 13 small planes, the academy schools roughly 40 students, plus another 25 or so individuals who are independently pursuing a pilot's license. The academy accounts for much of the airport's traffic, and some of its planes go on to pilot commercial aircraft out of BTV and elsewhere.

Higgins, who also flies a corporate jet for a local company, says that even with 30 instructors, the academy is struggling to meet demand. He took a break in his office recently to talk about the nuances of airborne training.

## Why would someone want to learn to fly in Vermont?

What we do in Vermont is really not done anywhere else. If you see where all the big aviation schools are, especially college aviation schools, they're in warm places where you can fly every single day.

## BEN HIGGINS

Chief flight instructor,  
Windsor Flight Academy  
Instructor at U.S. and abroad,  
Vt.edu/windflightacademy

**B**en Higgins already has a pretty nice birds' eye view of the state. It's not just the view he's had from the cockpit, but the view he's had from the ground. He's been a pilot since he was 17, and he's been a pilot since he was 17. He's been a pilot since he was 17, and he's been a pilot since he was 17. He's been a pilot since he was 17, and he's been a pilot since he was 17.

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Students met a very unique experience here, because the weather's diverse.





### **THE FARMHOUSE TAP & GRILL**

AWARD-WINNING GASTROPUB

### **El Tortijo TAQUERIA Y CANTINA**

TAQUERIA & TEQUILA BAR

### **GUILD TAVERN**

WOOD-FIRED GRILL, CRAFT COCKTAILS

### **PASCOLO RISTORANTE**

HANDMADE ITALIAN CUISINE

### **FARMHOUSE GROUP EVENTS**

PRIVATE EVENTS, WEDDINGS & MORE



THE FARMHOUSE GROUP

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